# CampSafe®

## Pre-Camp Orientation Session 2026

**Duration:** 65 minutes
**Audience:** All Camp Staff
**Facilitators:** 2–3 members of the Camper Advocate Team
**Space Needs:** Large group area + small group breakout space
**Session Style:** Interactive, discussion-based, role-play focused

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## Purpose of This Session

This orientation reinforces CampSafe child sexual abuse prevention training by building on the online training all staff completed before arriving at camp.

- Demonstrating the importance of talking openly to prevent abuse
- Clarifying camp-specific policies and expectations
- Practicing intervention, supervision, and reporting
- Normalizing use of the Camper Advocate Team

***This session assumes all staff have already completed CampSafe training.***

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## Materials to Prepare in Advance

- Camp-specific abuse prevention policies & procedures
- Highlighted CampSafe concepts to reinforce
- Sticky notes, markers, whiteboard or flip chart
- Scenario cards for role plays
- Printed & posted reporting steps
- Designated breakout facilitators

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## 65-Minute Suggested Agenda

- Welcome, Framing & Tone-Setting — 5 min
- CampSafe Recall Warm-Up — 5 min
- Reinforcing Core CampSafe Concepts — 8 min
- Active Supervision & Wellness Checks — 10 min
- Boundaries in Action & Grooming Awareness — 10 min
- Camper-to-Camper Abuse: Recognition & Response — 8 min
- Setting Boundaries Early: First 48 Hours — 7 min
- Staff Culture & Camp Environment — 5 min
- Reporting, Support & Closing — 7 min

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## 1. Welcome, Framing & Tone-Setting (5 minutes)

### Facilitator Talking Points

- Everyone here has completed CampSafe training
- Protecting campers and each other is a shared responsibility
- This is a sensitive topic—people bring different experiences
- Participation is expected, respect is required

### Normalize Participation

- You may step out if needed—just inform a facilitator
- We are focusing on behaviors and safety, not judging people
- Questions, concerns, and discomfort are welcome
- If after the session you want/need to speak to a supervisor, people will be available

***Key Message: "We cannot prevent abuse if we cannot talk about it."***

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## 2. CampSafe Recall Warm-Up (5 minutes)

### Activity

Ask staff to call out:

- Something they remember
- Something that surprised them
- Something that felt uncomfortable or new

### Facilitation Tip

- Pre-prep 2–3 staff to answer first to reduce silence
- Have volunteers write responses on chart paper or whiteboard

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## 3. Reinforcing Core CampSafe Concepts (8 minutes)

### A. Physical vs. Non-Physical Sexual Abuse

- Briefly define both
- Emphasize: Non-physical abuse is often overlooked
- Language, exposure, privacy invasion, and digital behavior all matter

### B. Higher-Risk Times at Camp

Facilitate discussion around these high-risk times:

- Downtime
- Rest hour
- Changing clothes
- Showers/bathrooms
- Bedtime
- Transitions

***Key Message: Abuse is most likely to occur when supervision drops—not during structured activities.***

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## 4. Active Supervision & Wellness Checks (10 minutes)

### Group Discussion

What does active supervision of campers look like at this camp?

### Clearly Define: Rule of 3 (or your camp policy)

- Minimum number required to avoid 1:1 situations
- What counts as a group
- What to do if you accidentally end up 1:1
- Any exceptions and required steps

### Emphasize: Supervision Means

- Camper safety
- Staff accountability
- Boundary monitoring

### Optional Safety Huddle (if space/time allows)

Move to a higher-risk area and:

- Identify hazards
- Demonstrate positioning and line of sight
- Practice staff communication

## 5. Boundaries in Action & Grooming Awareness (10 minutes)

### Sticky Note Activity (Small Groups)

Each staff member writes:

- One acceptable interaction
- One unacceptable interaction

Post and review together.

### Grooming Red Flags

Facilitate a discussion to identify patterns, then introduce:

- Gradual boundary pushing
- Special treatment or favoritism
- Isolating a camper
- Gift giving or secrecy
- Testing reactions to inappropriate comments

### Add Key Examples (if missing from discussion)

- Sitting on campers' beds
- Lap sitting
- Filming/changing exposure
- Mocking privacy
- Sexual innuendo or sarcasm
- Excessive attention to one camper
- Sharing sleeping spaces

### Intervention Practice (Mini Skill Build)

Give staff simple scripts for intervening:

Example: Interrupting a counselor play wrestling with a camper: "Hey, I need Joe to join us over here." Do not say anything that would embarrass the camper or counselor in the moment. Let a supervisor know so safe boundaries can be reinforced.

Example: A counselor is walking into the Sports Equipment Shed 1:1 with a camper: "Hey, you two, I am going to tag along." If you are a counselor, let a supervisor know. If you are leadership, address the counselor later to avoid involving the camper in that moment.

### Emphasize:

- Interrupt immediately
- Do not investigate
- Keep it simple
- Report your observations

## 6. Camper-to-Camper Abuse: Recognition & Response (8 minutes)

### Define Clearly

- Sexual abuse between campers is abuse
- Developmentally inappropriate behavior must be addressed
- The best prevention is defining healthy boundaries early, often, and with ongoing supervision

### Brainstorm: What Could It Look Like?

- Inappropriate touching during games
- Dares involving bodies
- Sharing explicit content
- Entering bathrooms/showers uninvited
- Bullying framed as "joking"

### Role-Play Practice

Use examples from the list above, or bring up high-risk areas/times specific to your camp.

- In small groups, practice:
- In-the-moment interruption
- Separation and support
- Reporting and follow-up steps

***Key Message: If you're unsure – seek support from the Camper Advocate Team.***

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## 7. Setting Boundaries Early: First 48 Hours (7 minutes)

### Discussion: Why the First 2 Days Matter

- Prevents confusion
- Reduces boundary testing
- Lowers camper (and counselor) anxiety

### Role Play: "Cabin Chat"

Use guidance from the module in the CampSafe Training and the specific messaging for your camp.
In small groups:

- Counselors practice leading a Day 1 cabin conversation
- Others role-play campers

Include in cabin chat:

- Body boundaries
- Privacy expectations
- Asking for help
- What to do if something feels uncomfortable

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## 8. Staff Culture & Camp Environment (5 minutes)

***This message is for EVERYONE.***

### Discuss What Is NOT Appropriate Around Campers:

- Sexual jokes or innuendo
- Harassment disguised as teasing
- "Love stories" or off-day behavior
- Sharing inappropriate content
- Sexist, racist, or harmful language

***Key Message: Even when you think campers aren't listening—they are.***

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## 9. Reporting, Support & Closing (7 minutes)

### Make Reporting Crystal Clear

Review exactly:

- WHO to report to
- WHAT to report
- WHEN to act → Immediately
- WHERE to go
- What happens next

### Core Reporting Rules

- If you're wondering whether to report → report
- You are not responsible for investigating
- Delaying increases risk

### Reintroduce the Camper Advocate Team

- Their role
- How to access them
- Reinforce: asking questions is always okay

### Final 1-Minute Commitment

Ask staff to silently choose:

- One behavior they will start
- One they will stop
- One way they will support others

### Closing Message

- Prevention is ongoing
- Speak up early
- Support each other
- Strong camps talk about this—and act on it

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## Throughout the Summer: Ongoing Prevention

### Publicly Celebrate:

- Strong supervision
- Healthy boundaries
- Staff who ask for help/support
- Proper reporting

***Kudos normalize safety culture.***

### Safety Huddle Ideas (5-Minute Check-Ins)

- Meet in high-risk spaces
- Identify hazards
- Rehearse supervision
- Rotate leadership

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## Final Facilitator Reminder

***This session is not about fear—it is about Awareness, Consistency, Empowerment, and Shared Responsibility.***